

Using a Tissue

Sometimes my nose gets full of boogers or snot. This makes my nose feel funny.



When this happens, I need to use a tissue. I don't always like to use a tissue, but I have to.



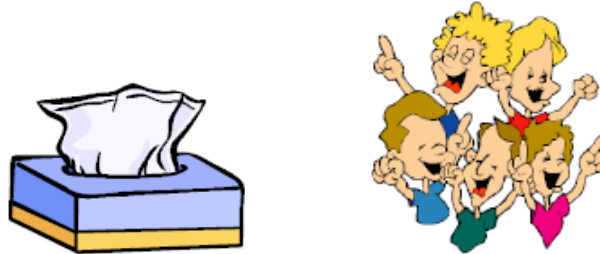
People think that it is gross when I pick my nose or rub the snot away with my sleeve or my hand.



They may even say, “Ewww”. I don’t want people or other kids to think that I am gross. This would make me sad.



Instead of rubbing away the snot with my hand, I should use a tissue. This will make everyone feel very happy.



The rules are:

1. Stop



2. Get a Tissue



3. Blow my nose



4. Throw the tissue in the garbage



5. Wash my hands

